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## Thankfulness Appreciation Gratitude My Journal

By Malti Bhojwani

Om Books International, New Delhi, India. Hardcover. Book Condition: New. Dust Jacket Condition: New. First Edition. Malti Bhojwani is a PCC (Professional Certified Coach) with the ICF (International Coach Federation), trained in Ontological Coaching and NLP (Neuro Linguistic Programming). She is also the published author of the internationally acknowledged personal development book, *Dont Think of a Blue Ball and Thankfulness, Appreciation Gratitude, a guided writing journal*. She is a Singaporean mum, having lived in Jakarta, Indonesia, with most of her adult life spent in Sydney, Australia. She currently resides in India. Her forte is teaching people how to change the lens through which they see in order to create new and lasting changes in their lives through body, emotion and language cohesion. Her clients include Microsoft, Mahindra & Mahindra, The British Council and members of YPO, EO and Genpact. She is a regular contributor and expert consultant for *The Times of India* and countless other international and Indian publications. She is the top-ranking life coach in India out of over 13,000 who are registered. Printed Pages: 172.



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